

Important Dates/Times/Items to Remember:

(Please note that all practice/meet times/locations are also located on the [Esko CC website](#) and the [Polar League website](#))

August 11, 2025: First day of practice. We will meet at 7:00 AM in Ms. Kyes's room. ***You MUST be registered through the high school athletic registration site before you can practice!***

August 18, 2025: ***Athletic fees are due.*** If you have not paid by this time you cannot participate in practice or meets until fees are paid. \$175 for varsity / \$100 for junior high. Fees are to be paid online on the same site you signed up for CC or can be paid in the high school office. ***Coaches will not collect or handle any sports fee monies at any time.***

September 2, 2025: First day of school. We will meet at 3:30 PM in Ms. Kyes's room.

- Practice will be Monday – Friday and start at 7:00 AM until school starts.
- Once school begins, practice will start at 3:30 PM. Time for practices on early release days (Wednesdays) will be at 2:30 PM.
- Please note there is at least one meet on a Saturday.
- Practices are typically 90 minutes but may run longer or shorter depending on what we do/where we practice.
- **We use the Remind app to communicate any changes to the practice or meet schedule.** Use class code: @eskocro

Coaches Contact Information:

Head Coach Jerimy Hallsten
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