



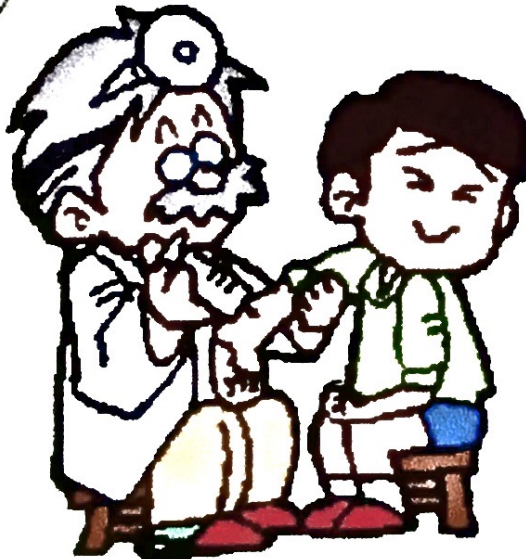
# Kindergarten Round-up

Nursing- Health Services



# Immunizations

- Required by **State Law** before entrance into school next Fall



District School Policy Requires:


- 5x DTAP
- 4x Polio
- 3x Hepatitis B
- 2x MMR
- 2x Varicella

- Or an exemption needs to be on file in the nurse's office **by the first day of school**



# Medication Policy

- #1 Dr. order/note ( MUST for prescriptions)
- #2 Parent note ( over counter medications) OR
- "Medication Administration" form filled out- can be found in school health office and on our school website under health services for you to print out.



**All medication needs to come to school in the original container and must not be expired.**







## Your child should stay home....

- ❑ **Fever of 100 degrees or more**— child must be fever free for 24 hours *without fever-reducing medication*.
- ❑ **Vomiting or diarrhea**—keep child home until 24 hrs. after last episode.
- ❑ **Rash**—if cause is unknown, please check with your physician before sending student
- ❑ **Headlice**—student has an active case (live lice) of headlice.
- ❑ **Strep throat**- stay home until 12 hours after antibiotic treatment begins and fever free.
- ❑ **Influenza**- until 24 hours after fever is gone without fever-reducing medication.
- ❑ **Impetigo**- until 24 hours after treatment and sores are drying or improving.

# Annual Screenings

- Vision Screenings ( 1, 3, and 5 grade)
- Visual acuity for distance/near
- Color vision Kindergarten boys



**The State of Minnesota doesn't require these school screenings, so if you have any concerns, we can screen your child individually at any time.**





# Enrollment - Emergency Cards

- Fill out medical portion thoroughly and completely and review each year
- Please continue to list all medical problems, daily medications, and add any new information, to update your child's health folder
- Please list emergency contacts in the immediate area.

# Early Childhood Screening (ECS)

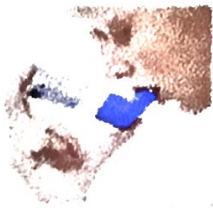

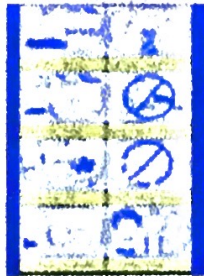

- Mandated by State Law before Kindergarten
  - Two sessions usually in the fall and spring
  - Contact Esko Community Education 879-4038
- If your child has attended HEADSTART then you DO NOT need to have an ECS.





# Individual Health Care Plans/Medical Management Plans

## Immediate Medical Concerns

Asthma	Allergies	Seizure	Diabetes
<p data-bbox="488 1026 801 1265">Use inhaler, nebulizers, daily oral medications</p> 	<p data-bbox="846 1026 1167 1201">Food, insects, bees or other</p> 	<p data-bbox="1207 1026 1473 1201">Epilepsy or history of seizures</p> 	<p data-bbox="1568 1026 1870 1265">Type 1 or 2 insulin or non- insulin dependent.</p> 





# Food Allergies

- Food allergy awareness- numbers continues to rise
  - Milk, eggs, peanuts, tree nuts, wheat, soy, fish, shellfish are majority of allergens.
  - Contact nurse's office BEFORE the start of school if your child has an allergy to food.

**1 in 13 children have a food allergy, roughly two in every classroom.**

# Resources

Website: <http://www.esko.k12.mn.us>





# Nursing Services

- Contact Information

Rhoda Stuermer, RN, PHN, LSN

**Phone:** 655-5011 or 879-2969 ext. 617

**Email:** rstuermer@esko.k12.mn.us

- Office Hours: M-F 8:00-3:00

