

Kindergarten Round-up

Nursing- Health Services



Immunizations

- Required by **State Law** before entrance into school next Fall



District School Policy Requires:

- 5x DTAP
- 4x Polio
- 3x Hepatitis B
- 2x MMR
- 2x Varicella

- Or an exemption needs to be on file in the nurse's office **by the first day of school**



Medication Policy

- #1 Dr. order/note (MUST for prescriptions)
- #2 Parent note (over counter medications) OR
- “Medication Administration” form filled out- can be found in school health office and on our school website under health services for you to print out.



All medication needs to come to school in the original container and must not be expired.





Your child should stay home....

- ❑ **Fever of 100 degrees or more**— child must be fever free for 24 hours *without fever-reducing medication*.
- ❑ **Vomiting or diarrhea**—keep child home until 24 hrs. after last episode.
- ❑ **Rash**—if cause is unknown, please check with your physician before sending student
- ❑ **Headlice**—student has an active case (live lice) of headlice.
- ❑ **Strep throat**- stay home until 12 hours after antibiotic treatment begins and fever free.
- ❑ **Influenza**- until 24 hours after fever is gone without fever-reducing medication.
- ❑ **Impetigo**- until 24 hours after treatment and sores are drying or improving.

Annual Screenings

- Vision Screenings (1, 3, and 5 grade)
- Visual acuity for distance/near
- Color vision Kindergarten boys



 The State of Minnesota doesn't require these school screenings, so if you have any concerns, we can screen your child individually at any time.



Enrollment - Emergency Cards

- Fill out medical portion thoroughly and completely and review each year
- Please continue to list all medical problems, daily medications, and add any new information, to update your child's health folder
- Please list emergency contacts in the immediate area.

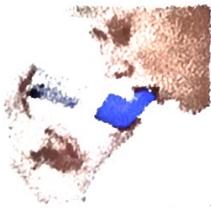
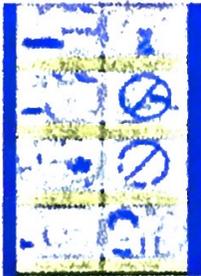
Early Childhood Screening (ECS)

- Mandated by State Law before Kindergarten
 - Two sessions usually in the fall and spring
 - Contact Esko Community Education 879-4038
- If your child has attended HEADSTART then you DO NOT need to have an ECS.



Individual Health Care Plans/Medical Management Plans

Immediate Medical Concerns

Asthma	Allergies	Seizure	Diabetes
<p>Use inhaler, nebulizers, daily oral medications</p> 	<p>Food, insects, bees or other</p> 	<p>Epilepsy or history of seizures</p> 	<p>Type 1 or 2 insulin or non- insulin dependent.</p> 



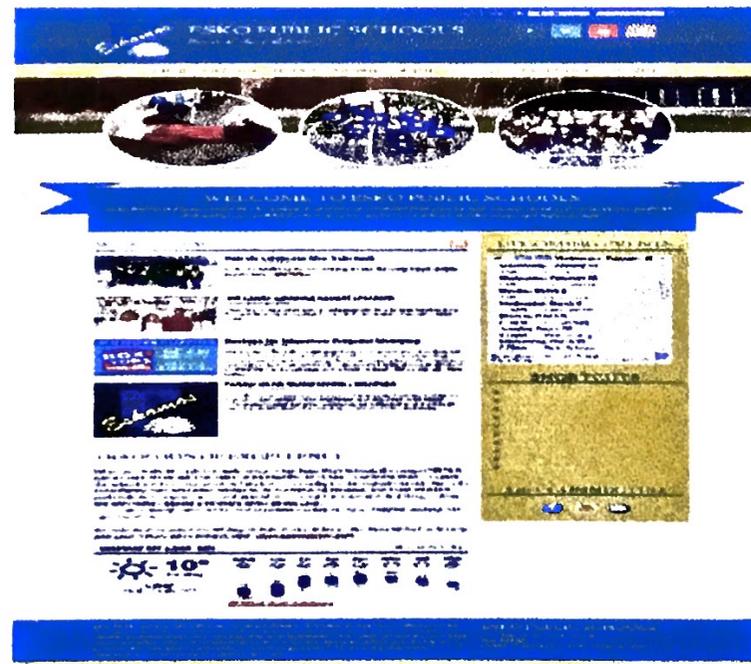
Food Allergies

- **Food allergy awareness- numbers continues to rise**
 - **Milk, eggs, peanuts, tree nuts, wheat, soy, fish, shellfish are majority of allergens.**
 - **Contact nurse's office BEFORE the start of school if your child has an allergy to food.**

1 in 13 children have a food allergy, roughly two in every classroom.

Resources

Website: <http://www.esko.k12.mn.us>



Nursing Services

- Contact Information

Rhoda Stuermer, RN, PHN, LSN

Phone: 655-5011 or 879-2969 ext. 617

Email: rstuermer@esko.k12.mn.us

- Office Hours: M-F 8:00-3:00

