

Esko's Corner

Esko Public School District #99
Connecting School and Community

Volume 24 Issue 5

February 2020

School Readiness and Cool Cubs/Kids Registration Information

It's time for fall registrations! School Readiness and Cool Cubs/ Kids will open for registration in early March. Please see details on page 6.

New this year!

Students registering for 3 year old School Readiness and Cool Cubs will register **IN PERSON** on Monday, March 2 from 5:30-7:00 PM at the Esko Education Center. You will have the opportunity to tour the building, ask questions, and staff will walk you through the registration and paperwork process. All registrations received that evening will be put in a lottery system for admittance into the program. Parents will be notified Tuesday, March 3rd on enrollment.



Reminder!

The driveway and parking lot at Esko Education Center is **ONE WAY**. Please enter on the right and exit on the left. There is no parking for elementary drop off or pick up as this takes spaces from the parents picking up students from School Readiness. Please be considerate of the parents dropping off 3 and 4 year old children and often carrying a younger sibling. The drop off area behind the school was designed for elementary use. Thank you for your help keeping our preschoolers safe.

We heard you!
Introducing
**ALL DAY
ADVENTURES**
February 17th
Esko Community Education

Cool Kids parents have been asking for programming on non school days. On February 17, 2020 from 8:00 AM- 4:30 PM, we will be offering a Bowling Bash for students in grades 1-5. Students need to be dropped off to Cool Kids by 8:30 AM. Students will go to Skyline Bowling to see the newly renovated bowling alley and arcade. Students will bowl, eat a pizza lunch, and spend some time in the arcade.

Cost is \$50 for the entire day, with the activities and transportation included. This day is open to 65 kids grades 1-5. We will have activities for younger ages in the future.

Registration is open to Cool Kids first, but any extra spots will be released for public registration. Look for updates on public registration on our facebook page.

Mark the calendar:

Esko Spring Rummage Sale Dates: May 15 & 16

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Community News



The Esko Educational Foundation (EEF) Board of Directors thanks board member, Joyce Bergstedt, as she finishes her nine years of service effective January 2020. With her sound judgement, encyclopedic knowledge of “all things Esko”, and her commitment to the EEF’s mission, Joyce gave exemplary service. Joyce remains the foundation’s invaluable resource in the Esko High School Career Center.



Steve Krueger is the newest board member of the Esko Educational Foundation (EFF) effective January 2020. Steve is a third grade teacher at Winterquist Elementary School with previous assignments in the Esko Community Education programs. Steve and his family, Emily (EHS Class of 2009), and his children, Otto and Liv, reside in Esko. His late maternal grandfather-in-law was Davis Helberg.



UNIVERSITY OF MINNESOTA
EXTENSION

NEWS & INFORMATION

Two UMN Equine Conferences Offered in 2020

Media Contact: Krishona Martinson, PhD, Equine Extension Specialist, krishona@umn.edu 612-625-6776

ST. PAUL, Minn. (12/31/2019) - Horse owners and professionals should plan to attend two equine conferences in 2020 focused on performance horses. Both conference will be held in early February at the UMN Leatherdale Equine Center on the St. Paul Campus. Both conferences by jointly hosted by UMN Extension and the College of Veterinary Medicine.

On Friday, February 7, the UMN Equine Professionals Conference is being held for equine veterinarians, farriers, and veterinary technicians starting at 3:00 pm. Brian Nielsen, PhD, from Michigan State University will open the conference with his keynote on furosemide effects on performance horses. Alonso Guedes, DVM and Andres Gomez, PhD will discuss the connection between laminitis and pain management and how diet influences the equine microbiome, respectively. Additionally, two UMN research updates will focus on water quality and endocrine-disrupting chemicals and equine metabolic syndrome. Dinner, sponsors by Tribute Equine Nutrition, is included and the conference will conclude at 7:30 pm with a brief hot topics discussion. The conference, costing \$75 per person, has been approved for three Minnesota Board of Veterinary Medicine continuing education credits. Online registration is required by February 4 and is available here. For more information on the conference, click here. Although the conference was planned for equine professionals, it is open to anyone interested in attending.

The following day, February 8, horse owners are invited to a day long program focused on performance horses. Once again, Brian Nielsen, PhD, from Michigan State University will open the conference at 10:00 am with his keynote on furosemide effects on the performance horse. Nicolas Ernst, DVM, and Marcia Hathaway, PhD will discuss identifying and managing lameness and using equine nutrition information, respectively. Michelle DeBoer, PhD, UW-River Falls will discuss amino acids and their impact on horse health, while Krishona Martinson, PhD, will discuss water quality and Elaine Norton, DVM will discuss using genetics to better care for your horse. There will be a 30 minute discussion on hot topics before the conference concludes at 3:30 pm. The conference costs \$40 and includes lunch. Online registration is required by February 4 and is available here. For more information on the conference, click here. Although the conference was planned for performance horse owners, it is open to anyone interested in attending.

University of Minnesota Extension is an equal opportunity educator and employer.

For more news from U of M Extension, visit www.extension.umn.edu/news or contact Extension Communications at extnews@umn.edu. University of Minnesota Extension is an equal opportunity educator and employer.



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Articles and submissions may be sent to the Esko Community Education office or e-mailed to mcarlson@esko.k12.mn.us. The deadline is the 15th of each month for the next month's issue. The publication schedule can be found on the website. Articles may be edited for space and content. If you have questions, please call the community education office at 879-4038. Visit the school website: www.esko.k12.mn.us

Car Seat Safety Clinics

Did you know that crashes are the leading cause of death for children from age 3 to 14? Using a car seat correctly can prevent many of these injuries and deaths. However, if car seats are not used correctly, serious injuries can occur.

Most common mistakes:

- Turning a child from rear facing to forward facing too soon. The American Academy of Pediatrics recommends keeping children rear facing until they outgrow the height and weight requirements of their rear facing car seat.
- Restraint is not secured tight enough- it should not move more than one inch from side to side at the belt path.
- Harness on the child is not tight enough.
- Retainer clip is too high or low. It should be at the armpit level.
- The child is in the wrong restraint. Be sure the restraint fits the child AND the vehicle.
- All children under 13 years should ride in the back seat.

Parents are encouraged to stop by a car seat safety clinic to have their child's car seat inspected free of charge. When a parent arrives, a certified car seat safety technician climbs into the vehicle to inspect seat. Necessary adjustments will be made so the seats are properly installed to protect children in the event of a crash. The technician will also answer parents' questions or concerns about car seat safety.

Child passenger safety clinics are held monthly at the Cloquet Area Fire District. No appointment necessary. People will be helped on a first come first served basis. If you have any questions, please call Sarah at 218-499-4258. Parents are asked to bring their child(ren), car seats and cars to ensure proper restraint fitting.

Upcoming Dates:

- February 18, 2020 4:00- 6:00 PM**
Cloquet Area Fire District Station #2
2779 Big Lake Rd
- March 17, 2020 11:00 AM- 1:00 PM**
Cloquet Area Fire District Station #1
508 Cloquet Ave
- April 21, 2020 1:00- 3:00 PM**
Cloquet Area Fire District Station #2
2779 Big Lake Rd
- May 19, 2020 4:00- 6:00 PM**
Cloquet Area Fire District Station #1
508 Cloquet Ave
- June 16, 2020 11:00 AM- 1:00 PM**
Cloquet Area Fire District Station #2
2779 Big Lake Rd
- July 21, 2020 1:00- 3:00 PM**
Cloquet Area Fire District Station #1
508 Cloquet Ave
- August 18, 2020 4:00- 6:00 PM**
Cloquet Area Fire District Station #2
2779 Big Lake Rd
- September 26, 2020 9:00- 11:00 AM**
Cloquet Area Fire District Station #1
508 Cloquet Ave
- October 20, 2020 1:00- 3:00 PM**
Cloquet Area Fire District Station #2
2779 Big Lake Rd
- November 17, 2020 4:00- 6:00 PM**
Cloquet Area Fire District Station #1
508 Cloquet Ave
- Provided by Community Memorial Hospital



Give Your Child a Head Start to School Readiness!

Head Start is a NO COST, Early Childhood Program for Families with Children ages Birth to 5, including Pregnant Moms

Head Start offers families:

- Prenatal Education/Postpartum Support
- Assist Families through Goal-Setting Strategies
- Information on your Child's Growth and Development
- Health and Dental Screenings
- Parent/Child Relationship Building Activities
- Links to Area Resources
- Classroom Experiences
- Services in-Home and in Centers

(800) 832-6082 or (320) 679-1800

Services available in the counties of:

Aitkin, Carlton, Chisago, Isanti, Kanabec, Mille Lacs, and Pine



Lakes & Pines CAC, Inc.
Head Start

1700 Maple Ave East, Mora MN 55051
www.lakesandpines.org

An Equal Opportunity Employer
Special accommodations for people with disabilities upon request



A Nesting Place

A Nesting Place is a group for new moms with infants up to 1 year and anyone in their third trimester of pregnancy. Mothers are welcome no matter where they live or delivered their baby.

We strive to provide a safe and supportive environment to discuss all postpartum issues: breastfeeding, baby blues, anxiety, depression, sleep, relationships, exercise, nutrition--you name it!

Meetings are free, will be facilitated by a healthcare professional, and the content will be dependent on the group's needs. Refreshments will be provided and an infant scale is available to check weights.

The group meets the 1st and 3rd Wednesday of the month in the Pine meeting room at CMH from 10 to 11am. Please visit cloquethospital.com/cmh-happenings for the current schedule.



Community News

Save the Date!

National Night out is Tuesday, August 4, 2020

Esko Fun Days is August 4-8, 2020.

Please contact the community education office if you would like to be involved in either of these events. Meetings for Esko Fun Days will begin in late March.



Kindercamp

An introduction for students eligible to start Kindergarten in the fall of 2020

Please join us for
Play with a Purpose
Thursday, February 27th
5:30—6:30 pm



Please enter through door #3 or #4

Register by emailing Julie at
jpelletier@esko.k12.mn.us

Children's Dental Services

Children's Dental Services will be providing dental care at the Carlton County Public Health and Human Services Building 14 North 11th St Cloquet, MN. These services include:

Exams
X-rays
Cleanings
Fluoride
Sealants

Oral Health Education
Fillings
Crowns
Extractions
This program is for individuals from birth to age 26 and all pregnant women who are on private insurance, medical assistance, Minnesota care or who have no insurance.

Please call Children's Dental Services at 1-866-

543-6009 to set up an appointment and ask for the Carlton County Public Health and Human Services location!

Upcoming dates:
2/20/2020
3/19/2020
4/16/2020
5/14/2020
6/18/2020

Esko Youth BB Halftime Schedule

Game time: JV 5:45 Varsity 7:15

Coaches and players admitted FREE!!

Boys

2/18 Tuesday	South Ridge	BOYS YOUTH MEDAL NIGHT
2/21 Friday	Perham	3rd grade JV and Varsity

Girls

1/30 Thursday	Barnum	2nd Grade, 3rd Grade JV ONLY
2/20 Turday	Marshall	GIRLS YOUTH MEDAL NIGHT



Wednesday, February 19, 2020

12:30 pm to 4:00 pm

Carlton County Transp. Building (1630 County Rd. 61, Carlton)

Cindy Hale of Clover Valley Farms will present on two topics at the February class. Cindy is a well known orchardist in our area with years of apple tree experience.

\$10 for 1 class, \$15 for both (you can pay at the door) – Admission includes, hand-outs, door prizes and refreshments!

12:30-2:00 pm – **Pruning apple trees** – This segment will focus on pruning and training of new apple trees as well as restorative pruning of older apple trees.

2:30-4:00 pm – **Integrated Pest Management of apple trees** – IPM is a combination of common-sense practices. Decisions are made based on pest lifecycles and their interaction with the environment. Chosen methods are used to manage pest damage by the most economical means, and with the least possible hazard to people, property and the environment.

Early Childhood Screening Information

Early Childhood Screening is March 27th. Packets about screening will be mailed out the last week of February. If you have a child between age 3 ½ and 4 ½, and haven't received a packet by the first week of March, please contact Jill Liupakka at jliupakka@esko.k12.mn.us for information on setting up an appointment. Screening is required by the state of Minnesota prior to entering kindergarten.

Read All About It!

Contributed by Gretchen Grover

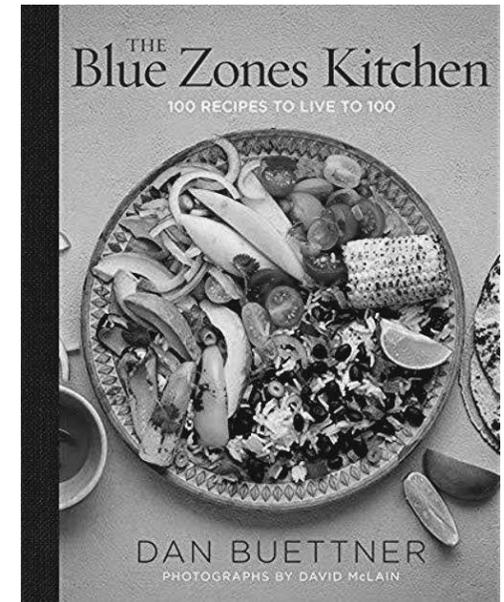
The Blue Zones Kitchen 100 recipes to live to 100 By Dan Buettner

Food and health differences throughout the world have always intrigued me. My mom bought me this cookbook and we have been making a different recipe from it every week. My mom and I have always been interested in vegetarianism (which we have yet to venture into) and growing our own food (which we do somewhat, but hey, we live in Minnesota.) That is why we are working our way through this book together.

The “Blue Zones” are places in the world where people tend to live longer than other people in the world. They include Sardinia, Italy; Okinawa, Japan; Nicoya, Costa Rica; Ikaria, Greece and Loma Linda, California. The cities have some common attributes like their streets are traveled by shoes and not cars, people walk to friends’ houses for meals and tea and the population walk to go out to eat. I enjoyed read-

ing this book because it give us recipes and a sense of how these communities live. These are things I do or would like to emulate; work with my hands to make bread and pasta (check). Grow my own food (sort of check). These places also have an enveloping sense of community and do not house solitary people, which I think helps. The main nutrition plan for them that I am trying to accomplish is: 1.No meat 2. Lots of vegetables, fruits and nuts. 3. Lots of beans and whole grains. 4. Cooking with olive oil and coarse sea salt. 4. Fish is ok but not a lot.

So, living in Minnesota, I started to wonder how I can live more like the Blue Zoned communities? Well in the summer, I will start by gardening as many fruits and veggies as I can and find a good way to freeze or can. I will try growing herbs again in my kitchen (although I keep killing them so we shall see). Also, seeing that community is such a big part of the lives of people living in the blue zones, I would like to have more people over to share meals with my family. All in all, this book is helping me to lead a healthier life and become more in tune with the earth.

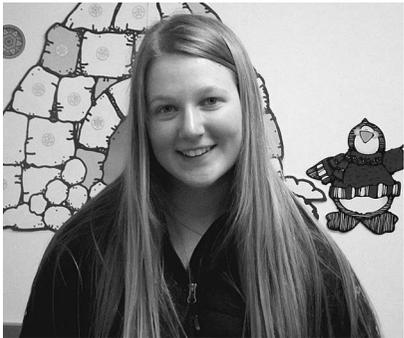


February is I Love to Read month!

We love to have community readers in our programs to read to the children in the month of February. Please contact Gretchen at 879-4038 if you are willing to read to our kids.

Follow us on Facebook, Twitter and Instagram to see who we have reading to our students in February!

Welcome to Cool Kids



Kaitlyn Salmela is a new addition to the Cool Kids family. She has been working in the program for a few weeks and she enjoys working with the kids. Kaitlyn is a member of a family of five. She has two younger siblings and a dog named Rylee. She is a life-long resident of Esko and is currently a junior at Lincoln High School. Kaitlyn loves tacos and the color blue. She likes to be outside playing with her dog. Kaitlyn is also a dedicated student as she is in the PSEO program and will have her AA degree by the time she graduates from high school. We are lucky to have her working in Cool Kids!



We are thrilled to welcome Dar Dunbar back to Cool Kids! Dar is working with Pre K to grade 1 kids after school. She worked in Cool Kids for over two years in the past and is happy to be back with the littlest learners in Esko. She is a gift to the kids in our community. Stop by to say hi.

Open Gym Policies

Open gym runs Sundays, Noon-4:00 through February.

Please note: Children under 15 must be accompanied by an adult.

You must have clean, dry gym shoes. Boots and wet shoes are not allowed in the gym.

Community Education

Fall Registration Information 2020/2021

Cool Kids & Cool Cubs

Please remember that families must re-register each year.

Cool Kids is for Pre-K to 5th grade. All Community Education balances must be paid in full or registration will be declined. If you have questions regarding your account for Community Education, please call 879-4038 during office hours, and we will be happy to help you.

Cool Kids families that are currently enrolled (not expansion families from January enrollment) will begin registration at noon on March 9 and continue through the 11th. Parents will receive an email with the link for registration at noon on March 9th. After the 11th, all families will need to register during the public registration time. PLEASE don't forget to register if you need your spot in Cool Kids next year.

For families not currently enrolled in Cool Kids for the 2019-2020 school year (and expansion families), registration will open at noon on March 16 and continue through March 18th. Watch our school website under Community Ed, Cool Kids registration as the link will be set up there at noon on Monday, March 16th.

Registration will be online. Once you have registered online, go to the Esko School website under Community Education to find a Cool Kids tab that will have our handbook and emergency contact form. If you are unable to print those, stop in the Community Education office to pick up a copy.



Cool Cubs

School Readiness

School Readiness is a program for children ages three through five years of age. We are a 4-Star Rated Parent Aware program and are staffed by qualified teachers who are licensed in Early Childhood Education. Through use of age appropriate curriculum, we run a hands-on and fun learning environment. We focus on the individual child's needs to promote a healthy love for learning.

All children must be potty trained by the start of class.

3's class: Children must be 3 by 9/1/2020

4's classes: Children must be 4 by 9/1/2020

Tuition for School Readiness will be set by the school board prior to registration.

Registration for 2020/2021 School Readiness

Registration for 4's classes:

Current Students (2019/2020 SR families and Leap-n-Learn families) March 2 – 6 . *Information will be given out in your child's class*

Esko Residents Monday, March 9 at noon – Monday, March 16 at 4pm. *Pick up registration packet in the Community Education office*

General Public Opens at 4pm on Monday, March 16th. *Register online until class is full*
<https://isd99.cr3.rschoolday.com/public/home/>

Registration for 3's class:

Registration will be in person at the Esko Education Center (16 E Hwy 61, Esko) on Monday, March 2nd, from 5:30 – 7:00pm. Come tour our preschool site, and find out more about our program and the Cool Cubs child care program. We will also help set up registration for you. All registration will be put into a lottery and your placement status will be emailed to you by Tuesday, March 3rd.

ECFE and School Readiness Schedule for 2020/21

Monday

- 4's School Readiness AM & PM
- Leap n Learn 8:30-10:30 AM- Drop off day (students only)

Tuesday

- 4's School Readiness AM & PM
- On The Move 8:45-9:45 AM
- Tiny Tots 4:15- 5:30 PM
- Evening Adventures 6:00-7:15 PM

Wednesday

- 3's School Readiness AM

Thursday

- 4's School Readiness AM & PM
- Leap n Learn 8:30-10:00 AM (Parent Day)

Friday

- 3's School Readiness AM



School Readiness classes working with teachers during station time, and on a feild trip in the fall.



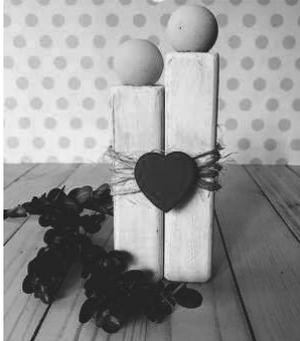
Community Education

ADULT

Art

Mom & Me Art

Share the love with your little one(s) and join us for Mommy & Me Art! This month, we are making a family-portrait figurine, perfect for decorating a special place in your home. You will have full customization of your project to include everyone in your family!



**One registration will book materials for 1 project: one adult plus child(ren).

Age Req: Adult + Child Grade K +
Cost: \$20.00

Instructor: Emily Davey
02/10/2020 6:00PM - 7:30PM
Esko Schools - S101

Sign Design with Sheila

\$30 must be paid to the instructor at class for supplies. Sheila is able to take cash, check, debit or credit card. Choose from tons of templates on Sheila's website. <https://sfsignsdesigns.wixsite.com/mysite>. Sheila will also personalize your idea- just let her know! Class deadline is 2/13 to get materials ready- Early decisions are appreciated!

Choices to make:

1. Board size
2. Stain choice
3. Saying/design you want

For inspiration look for

SheilasSignsDesigns on Facebook
Questions? Please call, text or email.

Sfsignsdesigns@gmail.com 218-391-7698

Age Req: Adult

Cost: \$5.00

Instructor: Sheila Fetters
Registration Cutoff Date:02/13/2020
02/20/2020 5:30PM - 8:30PM
Esko Schools - S101

General Interest

Date Night Cooking

Spice up date night with a couples cooking class! Valentine's romance in a class! Learn to make homemade ravioli with a pasta maker that you take home with you after class! Class will also include making sweets for your sweet. Registration cut off is February 10th to order supplies. Registration cost is per couple.

Age Req: Adult

Cost: \$60.00

Registration cut off date February 10
Instructor: Lynsee Mattson
02/14/2020 5:30PM - 8:30PM
Esko Schools - S100 Family
Consumer Science

Recreation

Steve & Son Tinker with Science

Join Mr. Krueger and his son Otto for a night filled with messy experiments and tons of fun! You will have an opportunity to do many of the projects your kids ask for at home, but challenge you with the mess! We will take care of the prep and clean -up. Registration cost is for an adult with a child ages 4-8.

Age Req: Adult with child(ren) age 4-8

Cost: \$15.00

Instructor: Steve Krueger
Registration Cutoff Date:02/04/2020
02/06/2020 5:45PM - 6:45PM
Esko Schools - S100 Family

Consumer Science

Sports and Fitness

Pick Up Basketball

Looking for a little extra time on the court to play basketball? We have the answer for you. Pick up basketball is offered each Wednesday from 8:00-9:00 PM. Registration is \$5 weekly. You must register prior to attending. Each week is run independently and will be canceled without enough people registered. You must be a high school graduate to register. We can't wait to see you!

Age Req: Adult

Time: 8:00 PM

Cost: \$5.00

Instructor: Cassie Janke
02/26/2020 8:00PM - 9:00PM
Esko Schools - Practice Gym Wood
03/04/2020
03/11/2020
03/18/2020
03/25/2020



FIT Camp

Get FIT with SCHICK!! Ted Schick's back! --- but he's slower and older. If you have always thought about this class in the past, now's the time since the years have tamed him. He still intends to get you to move and get your heart rate up a bit and to use your muscles---that hasn't changed. What also hasn't changed is that he motivates with love, kindness and yelling. We need a minimum of 12 registered to run class. Please note skip dates of March 11 and March 25.

Age Req: 16+

Day(s): W (Note: No class on 3-11 2020 and 3-25-2020)

Time: 5:30 PM

Sessions: 5

Cost: \$50.00

Instructor: Ted Schick

Dates & Times:

02/19/2020 5:30PM - 6:30PM
Esko Schools - Cafeteria
02/26/2020 5:30PM - 6:30PM
03/04/2020 5:30PM - 6:30PM
03/18/2020 5:30PM - 6:30PM
04/01/2020 5:30PM - 6:30PM

FIT Camp Try One Class

Would you like to try out the new FIT Camp class to make sure it's a fit for you? You can buy a one time pass for \$12.00. Get your pass in the community ed office!

Age Req: Adult

Cost: \$12.00

Instructor: Ted Schick

Zumba

Zumba is a fitness cardio workout that combines Latin rhythms and easy-to-follow moves that will make you forget you're even working out! Our goal is simple...we want you to be healthy, to love working out and to enjoy exciting calorie burning, body energizing movements meant to be enjoyed throughout your life at any age! We need a minimum of 10 people registered for this class.

Bring to Class:

Water Bottle

Age Req: Adult

Day(s): M (Note: No class on 3-2 2020 and 2-17-2020)

Time: 5:45 PM

Cost: \$42.00

02/03/2020 5:45PM - 6:45PM
Esko Schools - Cafeteria
02/10/2020 5:45PM - 6:45PM
02/24/2020 5:45PM - 6:45PM
03/09/2020 5:45PM - 6:45PM
03/16/2020 5:45PM - 6:45PM
03/23/2020 5:45PM - 6:45PM
03/30/2020 5:45PM - 6:45PM

Community Education

YOUTH

After School Clubs

*Directly after school, students will meet for a snack and check-in in the cafeteria, then report to their club's meeting spot. New: You may pick up your child at the playground doors (door # 6). If your child will not be attending a scheduled club, please inform their teacher AND call the Community Education office at 879-4038.**

Esko Community Education cannot accept registration for After School Clubs on the day of the club, due to communication with the teachers and Cool Kids regarding attendance.

Driver's Education

This class provides students with a basic understanding of MN Traffic Safety laws, and the complexities of driving. It also gives participants information necessary for acquiring a MN Learners permit upon successful completion of the written exam. Students who were not born in Carlton County should begin to acquire their Certified Birth Certificate which is essential for taking the permit exam. Students should reach their 15th birthday by April 5, 2020. Priority will be given to current 15 year olds who attend Esko Public Schools. Students must attend all 30 hours of training (a make-up day will be available). You will need to sign up with a Driving School for behind the wheel lessons (at an additional cost) before the permit test.

NEW class component:

Students are required to Log 50 hours driving time and this must be turned in to the DMV prior to the road skills test. Attendance at the optional Parent Program can reduce the numbers of logged hours to 40.

Information on the Parent Program will be given out first night of class.

We need 20 students to be able to run this class. Cancellation fee of \$25.00 will be charged for any cancellations out of this class.

Age Req: 15 years old by April 5th

Cost: \$90.00

03/23/2020 3:30PM - 6:30PM

Esko Schools - S231

03/24/2020 3:30PM - 6:30PM

03/25/2020 3:30PM - 6:30PM

03/26/2020 3:30PM - 6:30PM

03/27/2020 3:30PM - 6:30PM

03/30/2020 3:30PM - 6:30PM

03/31/2020 3:30PM - 6:30PM

04/01/2020 3:30PM - 6:30PM

04/02/2020 3:30PM - 6:30PM

04/03/2020 3:30PM - 6:30PM

Savannah's Pottery

ST. PATRICK

Decorate a cute rainbow bank to store all of your lucky coins!

Age Req: Grades

1-6

Cost: \$14.00

Instructor: Michelle Line

02/04/2020 3:15PM - 4:30PM

Esko Schools - S101



Snack Attack!

Make and eat some delicious cheesy taco pasta! Learn to make this interesting recipe with a group during class and bring the recipe home to share with your family later!

Age Req: 3rd-6th grade

Sessions: 1

Cost: \$12.00

Instructors: Andrea King

Cassie Janke

Registration Cutoff Date:02/03/2020

Dates & Times:

02/06/2020 3:15PM - 5:00PM

Esko Schools - S100 Family

Consumer Science

Fit Club!

This class will work your kiddos' body and relax their minds as we incorporate lots of movement and a little mindful meditation. Be prepared to sweat!

Bring to Class: Please have your child dress in gym-appropriate clothes and shoes, and bring a water bottle.

Age Req: Grades 2-6

Cost: \$6.00

Instructors: Nikki Benedix

Andrea King

02/10/2020 3:15PM - 4:30PM

Esko Schools - Trophy Hallway

Child and Babysitting Safety/ American Safety & Health Institute

The Child and Babysitting Safety (CABS) program from the American Safety and Health Institute gives everything you need to know for safe and successful babysitting. The YouTube "vlogger" style presentation of the video brings a youthful and high-energy spirit to the program content, and the colorful magazine format of the student book makes learning fun. From getting started with your business, to working with parents and children, to key safety, caregiving, and first aid tips, CABS will help set you up for babysitting success. Students must be present for the entire class and complete achievement of the core learning objectives to receive certification valid for two years. Instructor provides baby dolls, bottles, and diaper supplies for skills participation. Students attend this class independently. Parents are encouraged to review the take home information and discuss it with their child.

**This is in conjunction with Child Safety Day and one additional classes: Home Alone! Students may choose to register for both classes. Please CHECK IN AND CHECK OUT

at door #6-classes are held in Esko School room S100.**

Bring to Class: If attending both classes, please plan to bring a lunch and/or a snack!

Age Req: 4th through 8th grade

Cost: \$45.00

Instructor: Kari Fairclough

02/17/2020 9:00AM - 12:00PM

Esko Schools - S100 Family

Consumer Science

Home Alone!

Is your child ready for the independence of being home alone? Parents need to be sure their children have the skills and maturity to handle the responsibility safely. Whether it's for an hour after school or several hours a day during the summer, being trusted to be home alone can be a positive experience for a child who is mature and well prepared. This class for children will address several topics relating to being "home alone" including age guidelines, safe habits, house rules, after school routines, phone calls and door knocks, dog emergencies, personal safety, handling the unexpected, gun safety, severe weather, fire safety, intruders, and first aid tips. Students attend this class independently. Parents are encouraged to reive the take home information and discuss it with their child.

This is in conjunction with Child Safety Day and one additional class: Home Alone! Students may choose to register for both classes. Please CHECK IN AND CHECK OUT at door #6-classes are held in Esko School room S100.

Bring to Class: If attending both classes, please plan to bring a lunch and/or snack.

Age Req: 3rd through 6th grade

Time: 1:00 PM

Cost: \$25.00

Instructor: Kari Fairclough

Community Education

02/17/2020 1:00PM - 3:00PM

Esko Schools - S100 Family Consumer Science

Northern Outdoors Club - Broomball #1

Get outside and play a game of broomball in the Minnesota Winter! All broomball equipment and instruction provided by NOC. Please dress for the weather.

Bring to Class: All winter gear required

Age Req: 3rd-6th grade

Day(s): Varied Schedule

Time: 3:15 PM

Sessions: 1

Cost: \$7.00

Instructor: Cassie Janke

02/18/2020 3:15PM - 4:30PM

Esko Schools - Playground

Ski and Snowboard Club (Mont Du Lac)

This club is for students in grades 3-7. Class cost includes transportation, lessons, equipment rental including helmet, and lift ticket. Students are supervised and placed in lessons according to ability. Please be sure to note whether you are a skier or snowboarder upon registration. No discounts for season ticket holders.

After completing this online registration:

A. Have all participants/parents follow this link for equipment rental self-entry. http://192.237.172.119/SelfEntry_Groups/StartPage.aspx. This needs to be filled out with the participant's information

B. Visit our website mdlresort.com Click on the Waivers & Forms link at the top

Fill out the following waivers (Parent information first add the correct number of minors at the bottom.)

- Lift Ticket release

- Ski and Snowboard School release
 - Helmet release
- C. You will need to sign the behavior agreement form prior to payment. Your registration is not considered complete until this is received by Community Education.

Students are to be picked up at Esko School, Door #6 after the bus returns. No pick ups will be allowed from the Mont Du Lac Hill. This is for the safety of our children, as it may lead to confusion for the instructors as students are being checked back onto the bus to depart. Students are also advised to bring a snack or bagged dinner to eat during their free time at the hill. No food or drink can be eaten on the bus.

Bring to Class: Please wear warm, weather-appropriate clothing, as you will not be able to participate without it.

Please bring a snack or bagged dinner to be eaten during your free time at the hill.

Age Req: Grades 3-7

Cost: \$70.00

Instructor: Landa Zimmer

02/18/2020 3:15PM - 7:30PM

02/25/2020 3:15PM - 7:30PM

03/03/2020 3:15PM - 7:30PM

Fit Club!

This class will work your kiddos' body and relax their minds as we incorporate lots of movement and a little mindful meditation. Be prepared to sweat!

Bring to Class: Please have your child dress in gym-appropriate clothes and shoes, and bring a water bottle.

Age Req: Grades 2-6

Cost: \$6.00

Instructors: Nikki Benedix

Andrea King

02/24/2020 3:15PM - 4:30PM

Esko Schools - Trophy Hallway

Savannah's Pottery

ST. PATRICK

Create this adorable rainbow mug to hold your warm winter beverage!

Age Req: Grades 1-6

Cost: \$15.00

Instructor: Michelle Line

02/25/2020 3:15PM - 4:30PM

Esko Schools - S101



Northern Outdoors Club - Broomball #2

Get outside and play a game of broomball in the Minnesota Winter! All broomball equipment and instruction provided by NOC. Please dress for the weather.

Bring to Class: All winter gear required

Age Req: 3rd-6th grade

Cost: \$7.00

Instructor: Cassie Janke

02/27/2020 3:15PM - 4:30PM

Esko Schools - Playground

REGISTRATION - COMMUNITY EDUCATION

Name: _____

Address: _____

City: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Email: _____

For Esko Comm. Ed. classes-Esko students please include:

Grade: _____ Teacher: _____ Birthdate: _____

Class: _____

Cost: _____

Class: _____

Cost: _____

Total Enclosed: \$ _____

Please send this form, with payment to
Community Education Office PO Box 10, Esko, MN 55733
OR register online www.esko.k12.mn.us

Early Childhood Family Education

Leap-N-Learn (ages 3-5)

This is a great time for children to gain pre-kindergarten knowledge while parents are learning more about how to guide their child through these early learning experiences. Children will explore arts and crafts, introduction to basic concepts, music and movement, and large muscle activities. Class will meet 2 days a week for 2 hours on Mondays and 1 1/2 hours on Thursdays. Thursdays include quality time between parent and child. Parents will also meet, with a licensed parent educator, to discuss parenting joys and concerns, as well as their child's social, emotional, and physical development. Mondays will be a day for parents to drop their child off for a more child/teacher learning experience. Child must be 3 by February 3rd 2020. Child must be potty trained to attend Thursday class. Please call 879-4038 and ask for Shannon Matzdorf if you have any questions about this or any other issue.

Age Req: 3-5 years

1st Child: \$ 110.00 each

2nd Child: \$ 85.00 each

Thursday's Only: \$ 50.00 each



On The Move (ages 10 - 36 months)

Your little one is now starting to move along into those exciting and energetic toddler years. Spend some quality time with your child while also sharing and gathering information from a Parent Educator and other parents who are going through similar joys and challenges. Parents and children will not separate during this class.

Age Req: 10-36 months

Time: 8:45 AM

First Child: \$ 35.00 each

Second Child: \$ 20.00 each

Instructor: Shannon Matzdorf



Tiny Tots (ages 16-39 months)

Enjoy one-on-one time with your toddler before attending a discussion about a variety of topics specific to a toddler's social, emotional and physical development. Children enjoy socializing under the supervision of an early childhood teacher. Parent and Child will have a short separation during this class.

Age Req: 16 -39 months

Tuesdays: February 3- April 27

Time: 4:15 PM

Cost: \$50.00

Instructor: Shannon Matzdorf



Together Time

Learn how to make connections with children through play! Kids....bring your favorite adult and join us for a night of fun! This is a time for children and their Dad, Mom, Grandma, Grandpa, Uncle, Aunt or any other special adult to enjoy activities together!

Age Req: 3 Years old to Kindergarten

Time: 6:00 PM

Sessions: 1

Cost:

Additional Child: \$ 3.00 each

First Child: \$ 5.00 each

Instructor: Shannon Matzdorf

Esko Education Center - ECFE

Room

02/24/2020 6:00PM - 7:00PM

03/30/2020 6:00PM - 7:00PM

04/27/2020 6:00PM - 7:00PM

Together Time



Esko ECFE will provide free on-line support from a licensed Parent Educator

For Who? Anyone with children birth to 5 years old

A licensed Parent Educator will be live at eskoecef@gmail.com to Google chat every Friday from 12:30-2:20 pm

We're here to help with any parenting questions you may have. If you have questions at another time, we will try to answer those within the week.

Looking for extra parenting information? Look for the Community Education blog on our website. Click on Community Education from the school page. The blog has a link on the main page.



BY BRIAN
HARKER

Important Dates

- Monday, Feb. 10: PIE Meeting 6:30 – library
- Tuesday, Feb. 11: Conferences 3:30 – 7:00
- Thursday, Feb. 13: Conferences 3:30 – 7:00
- Monday, Feb. 17: No School – for students and staff
- Wednesday, Feb. 19: Grade 5 – ELC
- Thursday, Feb. 20: Grade 5 – ELC
- Friday, Feb. 21: Grade 5 – ELC

Second Semester

It is hard to believe, but we are officially half way through the school year and entering our 3rd quarter. It is important that our students continue to stay focused on their school work. Please continue to work with your children and help them make the second semester as successful as the first.

ECFE Family Fun Events

Tuesday, February 4th
5:30 – 7:00 PM
Esko Education Center

All families with children ages birth - 5 years, and their siblings, are welcome! This is a FREE event to thank families in our ECFE and School Readiness programs for being a part of our Early Childhood family. Feel free to invite a friend along. All are welcome! We will have a variety of activities including crafts, tumbling time, and sensory exploration going on within our new Community Education facility. Enter through our front lobby. Doors will open right at 5:30pm. No registration – just come on over!

Future Kindergartners

We are already planning for next year and are excited about our new kindergartners that will be joining us in the fall. If you are new to our community or don't think you are on our census, contact the elementary office to get your child on our lists. We want to make sure that each of our families will be receiving our kindergarten mailings. Our first "Getting Ready for Kindergarten" night is February 27 at 5:30 p.m. Please look for more information to come. If you have any questions please call the elementary office at 879-3361.

Open Enrollment

During the next couple months our administrative team will be deciding on staffing needs for the 2020-2021 school year. Please notify us if you are looking at attending our school next year. This will help us as we put together class lists for this fall. Families are more than welcome to call and schedule appointments to meet with me to discuss our programs and tour our facilities. We look forward to meeting you soon. To set up an appointment, please call 879-3361.

Family Skate
Saturday, February 22nd
4:15 – 5:30 PM
Four Seasons Arena in Carlton, MN

Hosted by the Carlton and Esko ECFE programs.
Refreshments provided by the Esko ECFE Parent Advisory Board.

All families with young children are welcome! This is also a FREE event to thank the families in our ECFE programs. Feel free to invite a friend along. No sticks or pucks are allowed during this family skate time. Don't worry if you don't have skates. Boot skating is always fun too! Helmets are required for children and recommended for adults.

PIE Meeting Minutes

Time: 6:30pm

Location: Winterquist Library

Board members in attendance:

Emily Waldo, Jessie Oveson, Crysta Reeves, Josh Michaud

Minutes Approval

Approved

Treasure Report

Starting Balance (11/01/2019):

\$24,245.56

Deposits (total): \$33.92

Checks (total): \$1,579.81

Interest: \$1.44

Ending Balance (12/31/2019):

\$22,701.11

Teachers Request Remaining Balance:

\$5,473.48

Food Request Remaining Balance:

\$250

Teacher Requests

Ms Uecker - Scholastic magazine subscription request for second grade. \$113.78 total requested. Motion to approve, motion passed. Second request - attending performance of Frozen Jr on Jan 16th at Duluth Playhouse. This will be a unique experience for students and supports many common core standards. \$322.00 requested. Motion to approve, motion passed. Request for goods and services day, relates to social studies in second grade. The kids run a school store. \$50 requested. Motion to approve, motion passed.

Mrs Zervas - 5th grade Wolf Ridge transportation costs. \$700.00 requested. Motion to approve, motion passed.

Brenda Mattson - 1st grade Scholastic magazine, 20 magazines with digital subscriptions. \$126.50 requested. Motion to approve, motion passed.

Yearbook Stipend

Bylaws were researched, there isn't an issue with a stipend for Emily Waldo to

work on the yearbooks. \$400 requested. Motion to approve stipend, motion passed.

Apparel Sale update

We have apparel selected with Advantage. Waiting on board approval, then it can go live.

Anti-Bullying speaker

Gabriella Van Rij - cost for Anti-Bullying conference \$600. willing to lower if we could work with other schools to add her to their schedule. Motion to approve, motion passed, pending approval from Mr. Harker.

Fall Fundraiser

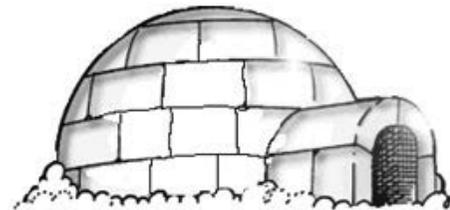
The group agreed to do the same donation only fundraiser like we did this year.

Sensory Items

The sensory items have been delivered to the teachers except for the signs and pillow case lap pads. We need pillow cases donated or purchased for a total of 36 total lap pads. Our goal is about 80 pillow cases since we need two per pad. We will have to purchase rice and velcro. Once we have the supplies, Northwood United Methodist will sew them together for us. Total requested \$150. Motion to approve expenses (roughly 150), motion passed.

Questions/Ideas

Next Meeting Feb 10th, 6:30pm
Library



Geography Bee

On Tuesday, January 7, Esko Schools hosted two Geography Bees. Winterquist Elementary students completed their Bee in the morning, and Lincoln High School students had their Bee in the afternoon.

Each year, thousands of schools in the United States participate in the National Geographic GeoBee using materials prepared by the National Geographic Society. The contest motivates students to learn about the world and how it works. There are three levels of competition: school, state and national. Each of our school's winners will complete an online state test. The top 100 students in each state

will be invited to their State's Bee, and the winner from each state moves on to the national competition.

This year's top finishers for Winterquist Elementary were: Kaiden High—third place, Hunter Johnson—second place, and Madek Kayser was the school champion.

Lincoln High School's top finishers were: Levi Belland—third place, Joel Barta—second place, and Sam Panger was the school champion.

Congratulations to all of our GeoBee participants!



Left to Right: Hunter Johnson, second place; Madek Kayser, school champion; Kaiden High, third place.

Distracted Kids in a Digital Generation

Did you realize that children 12 and younger have never lived in a world without the iPhone?

The iPhone was first released to the public in 2007—meaning children 12 and younger have been exposed to smart technology for their entire lives. They have never known a world pre-iPhone. Because of the speed at which technology changes, it is hard to track the lasting effects that media and screen time is having on them. And, because parents were not exposed to this type of technology while we were children, we are having a hard time teaching our kids how to manage it.

Over the past decade, the average screen time per child has risen by 2.5 hours per day. According to training presenter, Aubrey Schmale OTR/L, SIPT, children who use devices during their school day spend an average of 10 hours per day in front of a screen.

She says, "The use of screens is not just impacting social skills and human interaction, it is compromising neurosensory development."

As children are exposed to more screens at younger ages, scientists are finding that they are not developing proper visual skills and missing out on physical sensory experiences. Children are also showing a lack in memory recall, focus and attention difficulties and behavioral changes. These effects are also seen and often exacerbated in children with clinical learning and attention difficulties.

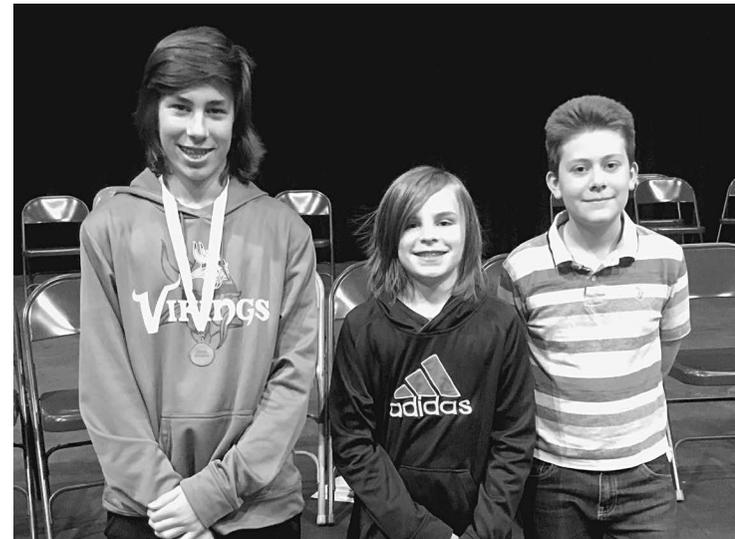
Schmale does not suggest cutting technology out of your child's life altogether. However,

she says "parents who set limits on screen time and content have kids that get more sleep, perform better in school, are more social and are at lower risk for obesity."

She includes the screen time recommendations by The American Academy of Pediatrics:

- Younger than 18 months: Avoid use of screen media other than video-chatting.
- 18 to 24 months: Choose high-quality programming, and with it with the children to help them understand what they are seeing.
- 2 to 5 years: Limit screen use to 1 hour per day of high-quality programs. Parents should co-view media with children to help them understand what they are seeing and apply it to the world around them.
- 6 and older: Place consistent limits on the time spent using media, and the types of media, and make sure media does not take the place of adequate sleep, physical activity and other behaviours essential to health.

If you are concerned about how much screen time you and your family use, want to create a family media plan or find tips on how to manage screen time in your home, visit the American Academy of Pediatrics website at www.healthychildren.org.



Left to Right: Sam Panger, school champion; Joel Barta, second place; Levi Belland, third place.

Attention Esko High School Class of 2020 Seniors!

Apply for more than 25 scholarships for two year or four year schools through the Esko Educational Foundation (EEF). Application forms available on February 3, 2020 from Mrs. Bergstedt in the EHS Career Center.

Sports News

Congratulations to our Fall Sport Athletes

Soccer

Letter winners: Orië Randall, Sarah Stueber, Mallory Sunnarborg, Aila Gabel, Allison Thornton, Tori Vosburg, Amber Greniger, Emily Rengo, Ingrid Hexum, Christian Gunderson, Maya Emanuel, Rachel Antonutti, Kristy DeMuth, Ava Korby, Alicia Maki

Volleyball

Letter winners: Tayia Gregg, Dea DeLeon, Brenna Stark, Zoie Johnson, Gabby Martenson, Sydney Grayson, Sarah Olson, Madison South, Jayden Karppinen, Amber Carlblom (manager), Olivia Johnson (manager), Sarah Wagemaker (manager)

All Star Game participants:

Polar League: Tayia Gregg, Brenna Stark, Dea DeLeon, Zoie Johnson

Big Dog: Tayia Gregg, Brenna Stark

St. Lukes: Dea DeLeon

Football

Letter winners: Alex Bourgeault, Will Schmitz, Eli Blue, Trevor Spindler, Preston Lowe, Brock House, Kevin Gregory, Brett Lillo, Dylan Vinje, Kade Gonsorowski, Braden Lowe, Mason Perich, Cade Berger, Kristy DeMuth, Keone Anderson, Jerry Andler, Josh Bolgrean, Luke Rice, Hunter Eickoff, Isaac Maki, Gage Stankiewicz, Dan DeMuth, Rusty Anderson, Jay LaRoya, Riley Firn, Jace Bubb, Cody Nadeau, Keegan Akervik, Wyatt Wickenheiser, Lincoln Severson, Jack McWilliams, Cole Engen, MJ Urie, Jacob Majerle, Avery Liljegren, Javontae Gregory, Drew Niven, Cale Haugen, Ty Christensen, Shane Snaza, Nolan Witt, Chad Hart, Russell Anderson, Matt Peterson, Hunter McColley, Alec Peterson

All Conference: Preston Lowe, Dylan Vinje, Gage Stankiewicz, Eli Blue, Trevor Spindler, Brock House

Cross Country

Letter winners: Alec Halverson, Benjamin Meysembourg, Jeremiah Foucault, Nathaniel Rengo, Jonah Randa, Grace Hrabik, Alexis Tester, Morgan Peterson

All Conference: Grace Hrabik

Tennis

Letter winner: Michelle Jokinen

c-e-c Girls swimming/diving

Letter winners: Mollie Belich, Megan Chopski, Madeline Gorski, Faith Shingledecker, Halle Zuck, Hannah Zuck

c-e-c Boys soccer

Letter winners: Lucas Rauner, Drake Schramm, Avery Liljegren



**TRACK
AND FIELD**



ATTENTION SPRING SPORT ATHLETES

If you haven't already done so, please make sure to turn in all of your eligibility paperwork, as well as register online thru the school website for the sport you wish to participate in. The following are athletic activities that are available for student athletes in the 2020 Season. If you have any questions, please contact the coach or the Activities Director, Chad Stoskopf, at 879-1909 or via email cstoskopf@esko.k12.mn.us

Baseball: Head Coach – Ben Haugen
Email: bhaugen@esko.k12.mn.us
Cell: 218-428-0249

Spring baseball - grades 8-12. Practice begins Monday, March 9th. The first week of practice, as designated by the State High School League, is for arm care only. Full practices begin Monday, March 16th. Coach Haugen will supply more information to families once the season draws near.

Summer baseball - grades 8-12, will register through coach Haugen. Coach Haugen will reach out to players and families who are playing this spring at a later time about registration.

Summer baseball - grades 7 and below, will register through ELLSA (Esko Little League and Softball Association). More information regarding these registrations will be available in the March edition of the Corner.

Softball: Head Coach – Jeff Emanuel
Email: emanueljems@gmail.com
Cell: 218-393-1599
Practice start date for grades 7th – 12th is March 9th.

Track and Field: Girls Head Coach – Jessica Reckinger
Email: jreckinger@esko.k12.mn.us
Cell: 218-391-9237
Practice start date for Varsity is March 9th
Practice start date for Junior High is March 23rd.

Boys Head Coach – Gary Beaudot
Email: gbeaudot@esko.k12.mn.us
Cell: 218-391-1994

Clay Target: Head Coach – Josh Mattson
Email: JMMATTSON@usg.com
Cell: (218)-348-1264
Meeting in the theater March 18th @ 6pm

*Prior to practice all athletes need to have the following completed-

- 1) Online Sports Registration
- 2) Current Sports Physical signed by Physician (good for 3 years). If unsure contact Tanya Pagelkopf at tpagelkopf@esko.k12.mn.us and she can let you know if your child is in need of a current physical.
- 3) Pay Activity Fee

Registration for Esko's first Boy's Volleyball team is NOW OPEN!

Cost is \$195 per person. We need 10 students to be able to have a team.

Season:

- **Monday night (only) games**
-April 6th, 13th, 20th, 27th, May 4th and 11th
-Two matches per night.
- **Practice 1-2 times per week**
- Register online through Community Education.
Questions? Email eskoboysvolleyball@gmail.com.

From Our School Board

Clerk's Minutes

The Esko Board of Education, Independent School District No. 99, Esko, Minnesota, held their regular board meeting on Tuesday, October 22, 2019 at 6:30 p.m. in the Board conference room.

Members present: Julian Bertogliat, Jerry Frederick, Mark Nyholm, Todd Rengo, Margaret Sunnarborg and Superintendent Aaron Fischer. Members absent: Jeff Salo.

Call the Meeting to Order

Chairperson Bertogliat called the meeting to order at 6:32 p.m.

Approval of Agenda

Moved by Mark Nyholm, second by Todd Rengo to approve the agenda. Motion carried by unanimous vote.

Approval of Consent Agenda Items

Moved by Mark Nyholm, second by Todd Rengo to approve the Consent Agenda items:

- Approve the minutes of the September 30, 2019 regular School Board meeting.
- Approve the checks as follows:

Date	Check #s	Total
10/7/19	88066 VOID	(\$170.00)
10/9/19	88251-88351	\$149,775.42
10/15/19	88352-88398	\$183,520.72

- Donations received:
 - Frandsen Bank & Trust in the amount of \$50 for the fall play.
 - Winterquist PIE Group in the amount of \$7,250 for teacher requests per PIE approval.
 - Winterquist PIE Group in the amount of \$500 for Elementary Knowledge Bowl.
 - Sappi in the amount of \$500 for the fall play.
 - Republic Bank in the amount of \$100 for the fall play.
- Fundraiser Requests:
 - Girls Soccer – web-based apparel sale.

Motion carried by unanimous vote.

Approve the Annual Audit for the Fiscal Year Ending June 30, 2019

Moved by Jerry Frederick, second by Todd Rengo to approve the annual audit for fiscal year ending June 30, 2019 as presented by WIPFLI. Motion carried by unanimous vote.

Approve the Actual Dollar Amount of Previously Committed Funds

Moved by Todd Rengo, second by Mark Nyholm to approve the actual dollar amount of previously committed funds for separation/retirement to be \$300,418 at June 30, 2019. Motion carried by unanimous vote.

Approve the Commitment of Funds from the Unassigned Fund Balance

Moved by Todd Rengo, second by Mark Nyholm to approve the commitment of funds from the Unassigned Fund Balance for separation/retirement benefits at June 30, 2020. The actual amount needed will be determined during the yearly fiscal end-of-year accounting process. Motion carried by unanimous vote.

Second Reading/Approval of Policies

A second reading of the following revised/new policies was heard: 616 School District System Accountability; 713 Student Activity Accounting; 806 Crisis Management. Moved by Mark Nyholm, second by Todd Rengo to approve these three policies as read. Motion carried by unanimous vote.

Approve the Revised Budget for FY 2020

Moved by Todd Rengo, second by Mark Nyholm approve a revised budget for fiscal year 2020 as presented.

2019 - 2020 Revised Budget
October, 2019

Fund	Revenues	Expenditures
General Fund (fund 1)	\$11,891,786	\$11,961,837
Food Service Fund (fund 2)	\$443,799	\$459,316
Transportation Fund (fund 3)	\$553,575	\$603,789
Community Service Fund (fund 4)	\$486,222	\$475,230
Capital Operating Fund (fund 5)	\$746,671	\$749,865
Building Construction Fund (fund 6)	\$468	\$108,761
Debt Service Fund (fund 7)	\$1,033,207	\$1,008,450
Student Activity Fund (fund 11)	\$112,000	\$112,000
Irrevocable OPEB Trust (fund 45)	\$20,994	\$55,097
Total Budget	\$15,288,722	\$15,534,345

Motion carried by unanimous vote.

Accept Proposal for District Property and Liability Insurance from EMC Insurance

Moved by Jerry Frederick, second by Mark Nyholm to accept a proposal for District Property & Liability Insurance from EMC Insurance. Motion carried by unanimous vote.

Approve the Hire of Jennifer Dee

Moved by Todd Rengo, second by Jerry Frederick to approve the hire of Jennifer Dee as paraprofessional at 6.5 hours per day effective October 23, 2019. Motion carried by unanimous vote.

Approve the Hire of Denise Overby

Moved by Jerry Frederick, second by Todd Rengo to approve the hire of Denise Overby as paraprofessional at 6.75 hours per day effective October 28, 2019. Motion carried by unanimous vote.

Discussion/Approval of the Budget Portion of the Security Project

Discussion was heard regarding the security project. Superintendent Fischer will clarify some details with the vendor. Moved by Jerry Frederick, second by Todd Rengo to approve the budget portion of the security project. Motion carried by unanimous vote.

Administrative Reports

Principals' Reports:

Elementary School - Principal Brian Harker reported that the end of the first quarter is next Friday. He reported that October 21 was a half-day inservice day for all teachers and administration at Barnum. E-Learning days was one of the topics for the elementary. The PIE Group has raised over \$14,000 in donations.

High School – Principal Greg Hexum reported that the high school will have three conference days this fall. The scheduling will be done using technology this year. He reported that a Flex Learning Day was held last Wednesday, before MEA. Beach cleanup at Park Point, community service, and science at Jay Cooke State Park were some of the activities.

Board Committee Reports:

Julian Bertogliat – Safety Committee meeting, ARCC meeting, School Board work session.

Margaret Sunnarborg – Esko Educational Foundation meeting, School Board \ work session.

Todd Rengo – Curriculum Advisory Committee meeting, School Board work session.

Mark Nyholm – School Board work session.

Superintendent's Report:

Supt. Aaron Fischer reported:

- Enrollment Update.

Congratulations & Commendations

To the staff and administration for their handling of the recent crisis.

Adjournment

There being no further business, moved by Todd Rengo, second by Mark Nyholm to adjourn at 7:12 p.m. Motioned carried by unanimous vote.

Todd Rengo

Clerk

From Our School Board

Clerk's Minutes

The Esko Board of Education, Independent School District No. 99, Esko, Minnesota, held their regular board meeting on Tuesday, November 26, 2019 at 6:30 p.m. in the board conference room.

Members present: Julian Bertogliat, Jerry Frederick, Mark Nyholm, Todd Rengo, Jeff Salo, Margaret Sunnarborg, and Superintendent Aaron Fischer. Member absent: None.

Call the Meeting to Order

Chairperson Julian Bertogliat called the meeting to order at 6:30 p.m.

Approval of Agenda

Moved by Jeff Salo, second by Mark Nyholm to approve the agenda. Motion carried by unanimous vote.

Approval of Consent Agenda Items

Moved by Jeff Salo, second by Mark Nyholm to approve the Consent Agenda:

- Approve the minutes of the October 22, 2019 regular school board meeting.
- Approve the checks as follows:

Date	Check #s	Total
10/28/19	Void 88242	(\$645.48)
10/29/19	88399-88457	\$77,769.18
11/7/19	88458-88522	\$62,191.05
11/20/19	88523	\$600,000.00
11/21/19	88524-88617	\$109,968.57
11/26/19*	88618-88646	\$11,079.94

*=pending treasurer's review

- Treasurer's Report – September 2019.

Date	Payroll Type	September 2019 Checks			Direct Deposits	Electronic Payments	Grand Total
9/13/19	Regular	# 107600-107604	For	Void	\$0.00		
		# 107605-107618	For	\$15,907.01	\$189,445.51	\$271,289.09	\$476,641.61
9/30/19	Regular	# 107619-107635	For	\$15,726.11	\$194,123.55	212,804.33	\$422,653.99

Date	Acct. Transferred From	Acct. Transferred Into	Amount
9/13/19	Assoc. Bank (PMA)	Republic Bank	\$525,000.00
9/30/19	Assoc. Bank (PMA)	Republic Bank	\$375,000.00

- Treasurer's Report – October 2019.

Date	Payroll Type	October 2019 Checks			Direct Deposits	Electronic Payments	Grand Total
10/15/19	Regular	# 107636-107654	For	23,444.18	\$201,628.95	\$217,981.45	\$443,054.58
10/31/19	Regular	# 107655-170683	For	\$24,670.17	\$202,722.18	\$219,227.03	\$446,619.38

Date	Acct. Transferred From	Acct. Transferred Into	Amount
10/4/19	Republic Bank	MN Dept of Revenue (sales tax)	\$399.00
10/15/19	Assoc. Bank (PMA)	Republic Bank	\$500,000.00
10/21/19	Assoc. Bank (PMA)	Republic Bank	\$190,000.00

- Donations Received:
 - Esko Sports Alliance in the amount of \$420 for girls soccer activities.
 - Michelle Kuklinski Realty in the amount of \$1,000 for football state tournament expense.
 - Wells Fargo in the amount of \$450 for the fall play.
- Fundraiser Requests:
 - Esko Hoops Club – Round Robin Free Throw Challenge.
 - Boys basketball – free throw-a-thon.
 - Esko Hoops Club – Pie night.
 - Esko Madrigals – Chocolate sale.
 - Esko Madrigals – Holidaygram sale.
- Personnel:
 - Parental leave request from Rachel Kubat beginning May 2020 through school year end.

Motion carried by unanimous vote.

Presentation/Discussion: School Security Updates

Mr. Ryan Erspamer (ARI) presented information to the Board regarding school security updates.

There is an approximate \$100,000 plan to enhance entrance security through glazing and glass. The plan includes changes in how the community and staff access the building during occupied hours. Bids have gone out to four local contractors. Questions were heard regarding the difference between the safety glass and film options. Mr. Erspamer explained the numerous cost options and price

points. The goal is to have the project completed during Spring Break or shortly thereafter.

Presentation: ICS regarding Bus Garage

Mr. Sean Lewis and Ms. Natalie Hoff from ICS presented the design for the new bus garage to be constructed on the lot adjacent to the business park. The plan includes 16 stalls, two of which will be heated for bus maintenance purposes. An additional stall will be added if the budget allows. Additionally Mr. Lewis presented a proposed schedule for further design and bids. The goal is to solicit bids, due by January 21, 2020. Construction is planned to begin in the spring as weather allows, ready for fall of 2020.

Discussion: Bus Garage/Parking Project

Board Members Frederick and Nyholm discussed the changed location of the proposed heated maintenance bays. Board Member Salo proposed that one van can be parked in a garage located at the Esko Educational Center property. Head Custodian, Tony Compo indicated that this is currently happening.

Presentation: Proposed Cool Kids Expansion

Esko Community Education Director, Michele Carlson provided information regarding a proposed temporary expansion of the Cool Kids program. There is a current lack of childcare in Esko and Cool Kids has a waiting list of approximately 35 students at this time. The proposal is to add one or two support staff to accommodate the needs of 35 students. Board member questions were heard inquiring if this will be a staffing problem. Ms. Carlson feels it is staffable. Additional costs will be covered by fees charge without changing the current fee structure. The goal, as stated by Superintendent Fischer is to provide a community service without negatively impacting any existing care providers. The goal is to develop partnerships with other providers who wish to host after school care.

Discussion/Action: Approve Proposed Temporary Cool Kids Expansion

Board Member Nyholm clarified that the expansion to the Cool Kids Program is a temporary addition through the end of this school year. Board Member Salo indicated that at some point the Cool Kids Program must be capped.

Moved by Todd Rengo, second by Margaret Sunnarborg to approve a temporary expansion to Cool Kids per the proposal presented. Motion carried by unanimous vote.

Approve Additional Winter Coaches for 2019/2020

Moved by Mark Nyholm, second by Todd Rengo to approve Winter Coaching positions as presented. (Copy on file in the office of the superintendent.) Motion carried by unanimous vote.

Discussion/Action: Capital Expenditure for Hand Dryer Replacement

Supt. Fischer indicated that even with the noise dampeners, the current hand dryers are excessively loud. Replacement dryers would be Dyson Bs with 80 decibels of noise output.

Moved by Jeff Salo, second by Mark Nyholm to approve a capital expenditure of approximately \$3,000 for the replacement of four hand dryers. Motion carried by unanimous vote.

From Our School Board/Around Town

Approve World's Best Workforce Plan & Summary 2019/2020

Principal Brian Harker presented the mandatory 40-page World's Best Workforce Plan that must be Board approved each year. The Curriculum Advisory Committee will review this plan next week. Moved by Jeff Salo, second by Mark Nyholm to approve the World's Best Workforce Plan & Summary 2019/2020. (Copy on file in the office of the Superintendent.) Motion carried by unanimous vote.

Administrative Reports

Principals' Reports:

Elementary – Principal Brian Harker reported that the new reading curriculum is being implemented and is going well. The Holiday Program will be held on December 5th this year.

High School – Principal Greg Hexum reported that the online conference scheduler worked well and he has received positive feedback. He reported that failing grades for this first quarter are at a 13-year low. The Fall Play performed five sold-out shows. He also reported on the upcoming band concert.

Board Committee Reports:

Mark Nyholm – Certified negotiations meetings and Facilities Committee meeting.

Julian Bertogliat – Certified negotiations meetings and Facilities Committee meeting.

Jeff Salo – Certified negotiations meetings and Facilities Committee meeting.

Superintendent's Report:

Supt. Aaron Fischer reported on:

- The MN School Board Association conference is coming up.
- Bus inspections were performed by the State with excellent results thanks to work by Transportation Director, Ms. Laurie Groth and Bus Mechanic, Mr. Brian Oman.

Congratulations & Commendations

Cast, crew and directors of The Sound of Music.

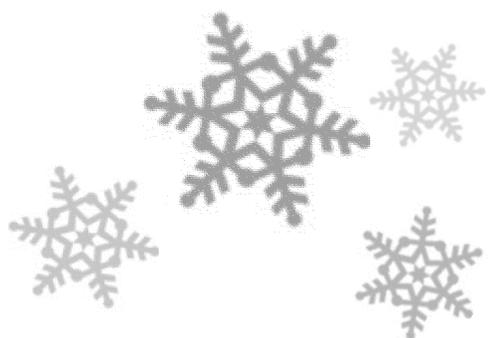
Football team, Coach Scott Arntson and football staff for the team's state tournament participation.

Adjournment

There being no further business, moved by Mark Nyholm, second by Jeff Salo to adjourn at 7:40 p.m. Motioned carried by unanimous vote.

Todd Rengo

Clerk



MINUTES

TOWN BOARD MEETING

NOVEMBER 7, 2019

Present: Terry Hill, Tony Compo, Bill Gerard, Jason Paulson, Rhonda Peleski, David Pritchett

Absent: Ruth Janke

Chairperson Hill called the meeting to order at 6:30 p.m. in the Town Board Room at the Town Hall.

Members from one of the Esko Lego Robotics teams addressed the Board regarding the lack of recreational activities for kids their age. One of the Lego robotics competition requirements is to have a project that benefits their community. They'd like to propose a volleyball court, basketball court and/or a gaga ball court be built at Northridge Park. Several questions were asked including a timeline for construction and location within the park for these activities. Park liaison Gerard will work with the kids to determine if the project is feasible.

Mark Sakry from Northern Gound Source Inc. was present to discuss the ground source pump at the Town Hall. The original pump was installed in 2003 and was sound at the time. Currently one pump is circulating to all four units. It's using a lot of energy and could burn up soon. Discussion was held on converting to natural gas or propane as well as justifying the cost of a new pump system to the taxpayers. No action was taken.

The personnel committee is recommending the hiring of Shawn Swearingen and Joshua Ritchie to the position of Heavy Equipment Operator. A motion was made by Paulson with a second by Gerard to approve the hiring of both men. Motion carried.

At 7:02 a motion was made by Paulson with a second by Compo to recess the regular meeting and reconvene the improvement hearing for the paving of Hillside Road. Motion carried.

Letters were sent to all residents of Hillside Road with the updated estimated cost of the improvement and the estimated assessment amount which is \$ 9,378 per property owner. No correspondence was received other than an anonymous note that the amount is too high. Seven property owners were in attendance at the hearing or were at the previous hearing. All were in support of the project being done. After further discussion a motion was made by Paulson with a second by Compo to proceed with construction plans and advertising for bids. Motion carried.

Further discussion was held on a timeline, the Town's road crew doing part of the prep work and homeowners having driveways done by the same contractor. Plans should be ready for bidding after the new year. Work done by the Town road crew will depend on weather. Residents should be able to contact the contractor who is awarded the project for work on private driveways.

At 7:13 p.m. a motion was made by Gerard with a second by Compo to close the improvement hearing and reconvene the regular meeting. Motion carried.

Peter Alexander from 2020 Census was present to speak to the Board about the upcoming 2020 census, the importance of it, and preparations being made.

Gerard made a motion to accept the minutes of the previous meeting. Second by Hill. Motion carried.

Around Town

NOVEMBER 21, 2019

Present: Terry Hill, Bill Gerard, Ruth Janke, Tony Compo, Jason Paulson (late), Rhonda Peleski, David Pritchett

Chairperson Hill called the meeting to order at 6:30 p.m. in the Town Board Room at the Town Hall.

Gerard made a motion to accept the minutes of the previous meeting with one correction. Second by Compo. Motion carried.

Janke made a motion to approve the current vouchers in the amount of \$ 55,292.97 (Check #'s 44702 - 44733) to pay payroll and due bills and electronic payments in the amount of \$ 6,844.54. Second by Gerard. Motion carried

October receipts in the amount of \$ 94,624.32 and October fund balances were reviewed.

A Himango Road resident was present to discuss with the Board a letter he recently received regarding a nuisance complaint made against his property. He is in the process of cleaning the area up. He will work with the Zoning Official on the issues.

Peleski presented the list of delinquent sewer accounts. A motion as made by Compo with a second by Janke to approve the list in the amount of \$ 10,782.92 for certification to Carlton County for collection with the 2020 property taxes. Motion carried.

A motion was made by Janke with a second by Paulson to approve an agreement with Wipfli LLP to perform an audit of the Town's 2019 financial statements. Motion carried. The cost for the service is \$ 10,950.

The 2018/2019 financial statement has been received from the Esko Hockey Association. A motion was made by Compo with a second by Janke to approve the payment from the Recreation Fund to the Esko Hockey Association in the amount of \$ 3,150. Motion carried.

A cell phone policy was presented for review. This will provide reimbursement to employees who use their personnel cell phones for township business. A motion was made by Paulson with a second by Gerard to approve the policy. Motion carried.

Deputy Clerk Leah Pykkonen was present to show the Board members the mockup of the Town's redesigned website. A motion was made by Paulson with a second by Janke to approve the design. Motion

carried. A thank you was given to Pykkonen for the work she's done on the project.

Road Supervisor Logan Saline was present to continue discussion on the fleet management software that he's been looking at. A demonstration of the software was done previously. All maintenance records and gasoline usage would be tracked for all Town vehicles including the fire department. A motion was made by Gerard with a second by Compo to approve the purchase of the software. Motion carried.

A policy and liability waiver have been developed for the plowing of private driveways by the Town's road crew. After review, discussion and revision, a motion was made by Janke with a second by Gerard to approve the policy. Motion carried. A copy will be provided to all property owners that currently request the service.

The Lego robotics group that would like to place a gaga ball pit in Northridge Park inquired if the Town would be willing to provide the sand base for the pit. Discussion was held on the location of the pit. This will be discussed again in the spring.

Fire Chief Kyle Gustafson presented the name of a potential new member on the fire department. A motion was made by Janke with a second by Compo to approve Steve Krocka for membership. Motion carried.

A letter was received from Northern GroundSource further explaining the pump system at the town hall and the need to replace it. Discussion was held on cost savings, the possibility of the current pump failing over the winter, installing an alarm system, and possibly buying the backup pump that Northern GroundSource has in stock. Peleski will contact Northern GroundSource and see if it can be purchased and what the cost is.

Deputy Rob Lucas gave his monthly report.

Gustafson reported that the ISO review was completed.

Saline reported that the steamer should be delivered next week.

Gerard received a letter from a resident regarding salt on the roads. This was turned over to Saline.

Gerard also reported that he met with the Girl Scout troop that recently sent a letter to the Board regarding crosswalk safety. The girls would like to fundraise for a solar lighted crossing light. He has

Gerard made a motion to approve the current vouchers in the amount of \$ 83,010.09 (Check #'s 44636 - 44701) to pay payroll and due bills and electronic payments in the amount of \$ 13,706.63. Second by Paulson. Motion carried.

A letter was received from Esko Girl Scout Troop 4079 regarding their concerns for pedestrian crossings at E. Highway 61 and Juntunen Road and also Canosia Road and Ridge Road. Since both are located on county roads the letter was also forwarded to the Carlton County Engineer, JinYeene Neumann. Gerard will also follow up with the troop members that the Board also has concerns with these and other locations.

Fire Chief Kyle Gustafson presented names of three potential new members on the fire department. A motion was made by Paulson with a second by Compo to approve Philip Rogers, Krista Leach and Chase Bergstedt for membership. Motion carried.

Resolution No. 19-06 which designates the Thomson Town Hall, 25 E. Harney Road, Esko, MN as the designated polling place for all elections in 2020 was presented for approval. A motion was made by Paulson with a second by Gerard to approve the resolution. Motion carried.

An agreement to provide snow removal on W. Marigold Lane was received from Midway Township. After review by Pritchett, an amended agreement was reviewed. A motion was made by Compo with a second by Paulson to approve the amended agreement. Motion carried.

Zoning Official Dan Stangle gave his monthly report. Approval has been given for construction of two new homes on Torma Road as well as a fourplex on Evelyn St. Work on the comprehensive plan continues.

Discussion was held on the need for a liability waiver for plowing private driveways by the Town's road crew. Pritchett presented a draft of the agreement for review before the next regular meeting.

Gustafson informed the Board of an ISO audit on November 20. He also continues to work on fire prevention presentations.

A motion to adjourn was made at 7:42 pm by Compo with a second by Gerard. Motion carried.

Respectfully submitted,
Rhonda Peleski, Clerk/Treasurer
Terry Hill, Chairperson
Town of Thomson

Around Town

also had conversations with County Commissions and the County Engineer regarding the same issue

Janke reported that Community Education is looking for new members.

Paulson reported that he attended an ARDC meeting and also a fire district meeting.

A motion to adjourn was made at 7:32 p.m. by Janke with a second by Gerard. Motion carried.

Respectfully submitted,

Rhonda Peleski, Clerk/Treasurer

Terry Hill, Chairperson

Town of Thomson

DECEMBER 5, 2019

Present: Bill Gerard, Ruth Janke, Terry Hill, Tony Compo, Leah Pykkonen, Dave Pritchett

Absent: Jason Paulson, Rhonda Peleski

Chairperson Hill called the meeting to order at 6:30 p.m. in the Town Board Room at the Town Hall.

Gerard made a motion to accept the minutes of the previous meeting with one correction. Second by Compo. Motion carried.

Compo made a motion to approve the KGM Pay Application #2 for the East Harney Road Project in the amount of \$ 243,049.66. Second by Janke. Motion carried.

Gerard made a motion to approve the current vouchers in the amount of \$ 350,723.23 (Check #'s 44734 - 44772) to pay payroll and due bills and electronic payments in the amount of \$ 12,406.05. Second by Compo. Motion carried

Brian Belich of Carlton County Sheriffs' Department was present to answer questions regarding the renewal of the three-year Law Enforcement Contract with the County Sheriffs' Department. The agreement will go from monthly payments to bi-annual.

Janke made a motion to renew the three-year contract. Second by Gerard. Motion carried.

Discussion was held regarding some minor wording changes regarding the frequency of plowing and to define locations that can request plowing in the Private Driveway Snowplow Application and Agreement. Janke made a motion to approve the Private Driveway Snowplow Application and

Agreement with the changes. Second by Compo. Motion carried.

Discussion was held regarding the purchase of a spare ground source heat pump. Still waiting on prices.

A letter was received from resident James Anich regarding real estate taxes in the Township. Anich supplied copies to the Carlton County Commissioners and the Esko School District as well.

Zoning Official Dan Stangle provided an update on Planning and Zoning activity. There are 3 nuisance complaints he is looking into. The Town car is in need of new tires; will be using the State bid price through Duluth Tire for this. The file storage room is steadily filling up. There is continued progress on the Finn Ridge Subdivision. There will be a Comp. Plan Steering Committee Meeting December 10, 2019 at 6:30pm.

Town Engineer Joe Jurewicz relayed that the corner marker for the Marks Road and Harney Road East area will be reset.

Road Supervisor Logan Saline reported on the road crews' activity after the recent snowstorm. His crew did a great job, with all roads open and only a handful of private driveway requests were left to be done. Town Board members relayed the receipt of several calls from citizens remarking on a job well done by the road crew for their timely work in clearing the roads. The Town Board would like to go on record giving thanks to the road crew for a job well done.

Saline also reported that the two new road crew employees are doing a great job, and that the Hotsy should be delivered next week.

Gerard reported that he toured the Township garage to review facility and equipment. Gerard also attended the Carlton County Commissioners meeting with discussion regarding the Highway 61 corridor five-year plan.

Janke attended the WLSSD and the Carlton County Economic Development meetings.

Compo reported that the Fire Hall doors are fixed. And calls for service are the highest they have been.

Resident John Bergman also wanted to give the Town Road Crew thanks for their handling of the snow from the recent storm.

Hill gave a thank you to Stangle and Pykkonen for their work on the file-room cleanup project. It is coming along great.

A reminder of the upcoming Comp. Plan Steering Committee Meeting on December 10, 2019 at 6:30pm.

A motion to adjourn was made at 6:55 pm by Gerard with a second by Compo. Motion carried.

Respectfully submitted,

Leah Pykkonen, Deputy Clerk/Treasurer

Terry Hill, Chairperson

Town of Thomson

RECYCLING SHED HOURS

The recycling center is located at the Town Hall at 25 E. Harney Road.

Year-round hours of operation are:

Wednesday, Thursday, Friday 2 p.m to 6 p.m.

Saturday 9 a.m. to 1 p.m.

The staffed facility in Esko is for residential recycling only.

With the increase in online shopping there has been an increase in cardboard being recycled. If you have a large amount of cardboard, please bring it directly to the Carlton County Transfer Station at 1950 Highway 210, Carlton. All boxes must be broken down before putting them in the dumpster.

Please do not leave items at the facility when it is unattended.

TOWN BOARD MEETINGS

The town of Thomson Board of Supervisors holds their regular meetings on the first and third Thursdays of each month at 6:30 p.m. The meetings are held in the Town Board Room at the Town Hall, 25 E. Harney Road.

TOWN HALL RENTALS

Remember: the Town Hall is available for private rentals. Contact the Town office at 879-9719 for details or visit our website: thomson.govoffice.net

THOMSON TOWN OFFICE

The Thomson Town Office is located at 25 E. Harney Road. The regular office hours are Monday-Friday, 9:00 a.m. to 4:00 p.m.

Church News



NORTHWOOD

UNITED METHODIST CHURCH

The little church with a BIG heart.

62 W. Hwy. 61 ~ Esko, MN 55733
608.495.3147 ~ www.northwoodesko.com

Pastor Brian Cornell, bcornell@wnccumc.net

Sunday Worship: 9:00 - 10:00 am
Fellowship 10:00 - 10:30 am

First Sunday is Communion Sunday

Sunday School for all ages: 9:20 am
(September through May)

Adult Bible Study: 10:30 am

UPCOMING EVENTS

Sewing For Mission

Third Thursday of each month from 9:00 am to 2:00 pm
All volunteer help appreciated.
There are many jobs for all skill levels.

Esko Boy Scout Troop 152 meeting at Northwood
Sunday (dates TBD) from 7:00-8:15 pm

Esko Girl Scout Troop 4139 meeting at Northwood
Monday, February 3 & 24 from 5:30-6:30 pm

SPECIAL EVENTS

Spiritual Retreat at McCabe Renewal Center

Saturday, February 22 from 9:00 am to 2:00 pm

ASH WEDNESDAY SERVICE

Wednesday, February 26 at 6:00 pm

NUMC VISION STATEMENT

Northwood UMC is an open, welcoming, seven-day-a-week church that shares God's spirit, serves as a community hub and sponsors good works.

Find us on FACEBOOK at Northwood United Methodist Church, Esko, MN (include ESKO MN in the address).

Newsletters, bulletins, photos, news at
www.northwoodesko.com

Attention: Moms, Grandmas, Aunts -

Any woman desiring to pray for our children of Esko schools

Prayer gatherings

Oct 7th - May 18th on the first and third Mondays
from 6:30 - 7:30pm

St. Matthews Lutheran Church, Fireside Room
4 Elizabeth Ave, Esko

Do you treasure praying for your children? Would you like to be in a small group of moms who get together to pray for our children, their teachers and school?

Uncomfortable with group prayer? Don't worry; the prayer sessions are very guided!

Please check out the website: www.MomsInPrayer.org

Join our local group on Facebook: *Moms In Prayer Esko, MN*

POC: Jana Clifford

ST. MATTHEWS LUTHERAN CHURCH

And Little Eskomo Lutheran Preschool

A family of believers grounded in, growing in and reaching out in Christ
4 Elizabeth Avenue - Esko, MN 55733
218.879.3510 - www.stmatthewsesko.org

Pastor Jeffrey Walther & Pastor Tom Brinkley

Sundays: Worship: 8:00 a.m. and 10:30 a.m.
Sunday School (preschool - 6th grade) and
Christian Ed Hour - Multiple Bible Studies for
teens (grades 7-12) and adults: 9:15 a.m.

Tuesdays: Totally Terrific Tuesdays "T3" - For grades 7-12
Tuesdays after school 3 - 5 p.m.

Wednesdays: 7th and 8th Grade Confirmation 2:45 - 4:30 pm

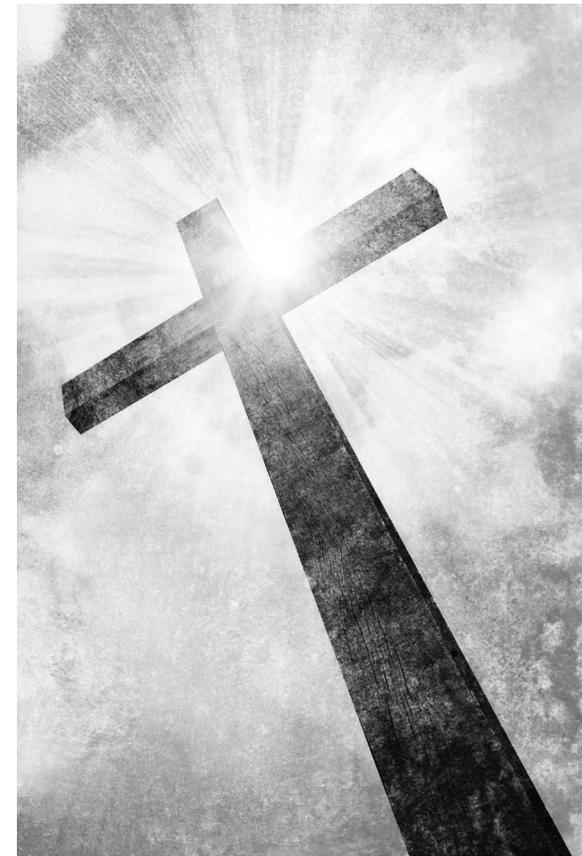
Thursdays: Youth Group - For grades 7-12 6:00 - 8:00 p.m.
Experience Recovery 6:00 p.m.

UPCOMING:

Sunday, February 9th - Minnesota Adult and Teen Challenge Choir
8:00 and 10:30 a.m. Worship and 9:15 a.m. Bible Study
Wednesday, February 26th - Ash Wednesday Worship 6:30 p.m.
Come enjoy a bowl of soup and fellowship at 5:30 p.m.

For Preschool, Youth, Events and Additional Information, Check Our Website.

www.stmatthewsesko.org



Esko Apostolic Lutheran Church Worship Schedule

Sundays:

8:00 am Worship Service - All Ages
9-9:45 am Sunday School / Coffee & Fellowship
10:00 am Worship Service - All Ages
*(3rd Sunday - Holy Communion)

Wednesdays - Family Night

9:30 am Ladies Bible Study
5:45 pm Dinner
6:30 pm Activities for all ages:
Youth Group: Pre-School - 12th Grade
Adult Bible Study

February 7-9: Ski Weekend, 6th Grade and up invited to attend.
February 12th, 5:30 PM: Sweetheart's Dinner (All ages are welcome).
6:30 PM: Activities for all ages to follow.

† Check out our Church website at www.eskoapostolic.org.
There are pictures, upcoming events, bulletins, church
calendar, cemetery information and more. ☺

Apostolic Lutheran Church

Pastor Bruce Bergstedt / Pastor Nathan Juntunen
25 Church Road, Esko, MN 55733 (879-3882)

CHOIR

Mn Adult & Teen Challenge

Join us for songs of hope and stories of freedom from addiction.

February 9th - 8:00 and 10:30 a.m. Worship
St. Matthews - 4 Elizabeth Avenue, Esko

For over 30 years, Mn Adult & Teen Challenge has been restoring hope to people struggling with drug and alcohol addiction. In addition to our effective and affordable shorter-term programs, Life Renewal, and our distinctive long-term faith-based recovery program, we have extensive prevention and transitional/aftercare services.

Lunch Menu

February 2020

View student's meal accounts
on Parent Portal
www.esko.k12.mn.us

School Lunch/Breakfast

Prices:

Lunch:

Grades 1-6.....\$2.30
Grades 7-12.....\$2.40
Adults.....\$3.75
Reduced Lunch.....\$.00
Milk.....\$.35

Breakfast:

Kindergarten.....\$.00
Grades K-12.....\$1.10
Adults.....\$1.80
Reduced Breakfast.....\$.00
Milk.....\$.35

Please send check in an envelope labeled with exactly what is being purchased. Lactose reduced milk will be provided to a student upon written request from a parent/guardian.

Breakfast is served
from 7:50 - 8:10 am
No Charging Meals



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast: Bagel Choice, Cream Cheese Lunch: Chicken Nuggets, Twister Fries, Green Beans, Dinner Roll, Fruit Sauce Alt: Cold Cut Combo Sub	4 Breakfast: Mini Waffles Lunch: Hamburger/Bun, Cheese Slice, Lettuce/Tomato, Baked Beans, Fresh Veggie Cup, Fresh Fruit Alt: Mini Round Pizza	5 Breakfast: Cinnamon Roll or Super Donut, HB Egg Lunch: Chicken Noodle Soup, Bologna Sandwich, WG Mini Goldfish Crackers, Romaine Lettuce Salad, Fresh Veggie Cup, Fresh Fruit Alt: Salad Bar	6 Breakfast: Sausage Breakfast Pizza Lunch: "Lunch Brunch" French Toast, Sausage Links, Tri Tater, Baby Carrots, Applesauce Alt: Egg Rolls	7 Breakfast: French Toast Lunch: Cheese or Pepperoni Pizza, Romaine Lettuce Salad, Steamed Winter Veggie Mix/Cheese, Froze Fruit Cup Alt: Meat & Potato Burrito
10 Breakfast: Muffin Choice, Yogurt Cup Lunch: Shrimp Poppers Au Gratin Potatoes, Peas & Carrots, Dinner Roll, Fruit Sauce Alt: Baked Potato Bar/Bosco Sticks	11 Breakfast: Mini Pancakes Lunch: Hot Dog/Bun, Baked Beans, Potato Salad, Chips, Fresh Veggie Cup, Fresh Fruit Alt: Grilled Chicken Wrap	12 Breakfast: Cinnamon Roll or Super Donut, HB Egg Lunch: Turkey Gravy, Whipped Potatoes, Steamed Mixed Vegetables, Biscuit, Cranberry Sauce Alt: Taco Salad Bar	13 Breakfast: Sausage Breakfast Pizza Lunch: Popcorn Chicken, Crinkle Cut Fries, Bread Stick, Whole Kernel Corn, Fruit Sauce Alt: Soup/Sandwich	14 Breakfast: Colby Cheese Omelet, Mini Bagel Lunch: French Bread Pizza, Spinach/Lettuce Salad, Green Beans, Fresh Fruit Alternate: Chicken Enchilada
17 NO SCHOOL	18 Breakfast: Mini Waffles Lunch: Chicken Patty/Bun, Baked Beans, Waffle Fries, Peas & Carrots, Fresh Fruit Alt: Three Cheese Calzone	19 Breakfast: Cinnamon Roll or Super Donut, HB Egg Lunch: Spaghetti in Meat Sauce, Garlic Toast, Cottage Cheese, Golden Corn, Fresh Veggie Cup, Fruited Gelatin Alt: Salad Bar	20 Breakfast: Sausage Breakfast Pizza Lunch: "Taco in a Bag" Chips/Meat/Cheese, Lettuce/Tomato, Spud Bites, Bread Stick, Baby Carrots, Fruit Sauce Alt: Ham & Cheese Sub	21 Breakfast: French Toast Lunch: Turkey Sub, Cheese Slice, Lettuce/Tomato, Cole Slaw, Green Beans, Pickle Spear, Fresh Fruit Alt: Lasagna Roll Up
24 Breakfast: Muffin Choice, Yogurt Cup Lunch: Mini Corn Dogs, Tater Tots, Baked Beans, Steamed Carrots, Fruit Sauce Alt: Quarter Pound Burger Bar	25 Breakfast: Mini Pancakes Lunch: Ribbette/Bun, Mac & Cheese, Green Beans, Fresh Veggie Cup, Fresh Fruit Alt: Soft Shell Taco	26 Breakfast: Cinnamon Roll or Super Donut, HB Egg Lunch: Chili, Cheesy Bosco Stick, Carrots/Celery Sticks, Crackers, Fresh Fruit Alt: Salad Bar	27 Breakfast: Mandarin Orange Chicken, Fluffy Rice, Steamed Mixed Vegetables, Bread Stick, Baby Carrots, Fruit Sauce, Fortune Cookie Alt: Turkey Sub	28 Breakfast: Colby Cheese Omelet, Mini Bagel Lunch: Cheese or Mexican Pizza, Lettuce Salad, California Veggie Mix, Fresh Fruit Alt: Shrimp Poppers
*Alternate Menu for Grades 7-12 only. *Subject to change. *Ala Carte (Smart Snack) line available for Grades 9-12 only.	*Low fat or fat free milk available daily with breakfast & lunch. *Fruit & a juice cup offered daily with breakfast. *WGR cereal may be substituted for main breakfast item.			

This institution is an equal opportunity provider.